

# FOUNDRY: Parent Navigator & Social Media

**Family Navigators for parent connections:** Melody Brewer and Richard Chapman.

These two individuals are there to provide support as needed for caregivers and parents of struggling youth. They help with providing resources or suggestions for how to access resources.

Appointments can be made for virtual conversations or phone conversations by calling Foundry at: 250-420-2803

## **Social Media for FOUNDRY**

While Foundry has a website, the site is not as reliable for updated information as their social media groups.

Access through Instagram and Facebook.

<https://www.facebook.com/FoundryKelowna/>

<https://www.instagram.com/foundrykelowna/>